

VOLUME III | ISSUE 1

# The Alumni Central

THE OFFICIAL NEWSLETTER FOR TBS ALUMNI



**Thrive Believe Succeed**





## **In this Issue**

---

- **Welcome Note**
- **Save the Date**
- **Celebrating IB@20**
- **Alumni at Career X**
- **Class of 1982 Visits TBS**
- **Legacy Alumni**
- **Alumni Spotlight**
- **Alumni Association 2025**
- **Alumni Association Events**
- **Alumni Class Reps**
- **Term in Pics**
- **Notices**



## DEAR ALUMNI

Welcome to another exciting academic year at TBS! Summer was packed with highlights, including a brilliant set of IB results and a successful second edition of the UCL India Summer School. There's a lot happening this year too, as the school continues to grow, innovate and take important strides in supporting the students to reach new heights.

The year is especially meaningful as we are celebrating 20 years of having adopted the IB Diploma Programme—two transformative decades of shaping global citizens, critical thinkers and changemakers. We're also proud to share that TBS is now officially authorised to offer the IB Career-related Programme (IBCP), another significant step forward for the school and students.

We would like to remind you about our Alumni Class Reps Programme, designed to strengthen alumni connections. Class reps serve as the point of contact between the school and their old classmates; please check the list of current reps in this newsletter. If your graduating class does not have a rep yet, you can sign up to be one!

And finally, we're looking forward to reconnecting with all alumni at our two special annual events—the Alumni Evening in London in September and the Annual Alumni Reunion in New Delhi in December.

In this edition of the alumni newsletter, you can read updates from both the school and our alumni community, see highlights from alumni events in the term gone by, and learn about the fantastic work being done by Sahar Awwad, class of 2006, in the Spotlight interview. Don't forget to check out the last page for a link to purchase TBS merchandise (show off your school spirit!).

To our most recent alumni: we invite you to share your contact details to stay updated on school news and events. To our old alumni: thank you for the support we have received over the years.

Happy reading!

Warm regards  
The Alumni Office

# SAVE THE DATES

## *Alumni Evening*



Saturday  
27 September 2025



London, UK

## *Annual Alumni Reunion*



Friday  
19 December 2025



New Delhi, India

Event open only to alumni aged 18 years or above

[alumni@british-school.org](mailto:alumni@british-school.org)



# Celebrating IB@20

This year, we're celebrating 20 years of the IBDP at TBS—two decades of inquiry, creativity and global-minded learning. The festivities began with A COREography of Ideas, where students brought the IB Core to life, showcasing student perspectives and research. Alongside, we've been reconnecting with IB alumni, hearing their stories of how the programme shaped their journeys, capturing their inspiring stories in a series of video interviews. The entire year will be a vibrant celebration of the past, present and future of the IBDP at TBS—and there's plenty more to come!

*Click below to watch interviews with some of our IB alumni about their journeys, catch a glimpse of the events or simply reconnect with the TBS spirit. Stay tuned!*

# IB@20

CELEBRATING OUR TRANSFORMATIVE JOURNEY





# Alumni @ Career X

Our alumni took center stage at the second edition of Career X for students of Years 7 and 8. The inspiring lineup of speakers, from entrepreneurs to journalists and designers, shared their journeys and experiences, giving students a firsthand look at the many paths their futures could take.

We were proud to welcome back: Akhil Verma, Ayesha Singh, Kruti Bharucha, Kula Naidu, Mitali Jaggi Sood, Parmeshwar Bawa, Pia Desai, Siddharth Mathur





# Class of 1982 Visits TBS



*In frame (L-R): Joya Lall, Anita Grewal and Deep Johari*

BS, as we used to address our 'second home', (for me between 1979 and 1982) was also the unforgettable 'happy years of innocence and learning' bringing back overall, unique experiences and memories. The school policy and methodology with the motto Unity in Diversity, was a welcoming difference to the then common bookish curriculum. It had all us students and staff, of diverse nationalities, backgrounds, languages, cultures etc (you name it!) as one. With a maximum of 12 to 15 students in one section, only a unique school, now named TBS, would have its ex-students feel as close to one another as we did, and still do.

TBS reunited three of us ex classmates from varying countries after decades. Anita from Australia, Deep from Canada and myself from Bengaluru, were given a warm, welcoming and informative tour around the unrecognisably impressive grounds. Whilst viewing the Golden Jubilee coffee table book, to hear Anita scream in delight and stroke the book when spotting her Late sister Sonya's photo in it, added to our joy! It was mind-blowingly nostalgic being taken around our childhood second home, even if only recognising one prominent part of the school which stood solid – the tree we'd sit around before catching the bus home. Three cheers to our BS – the new TBS!

**Joya Lall, Class of 1982**



# Legacy Alumni

We are delighted to share that children of seven of our alumni have joined TBS this academic year! They carry forward their families' tradition while adding to the school's long and proud legacy.

Please join us in welcoming the children of Alina Vadera Talwar (class of 2006), Girish Godhwani (class of 1997), Kanwardip Singh Dhingra (class of 2001), Michael Jain (class of 2004), Mitali Jaggi Sood (class of 2002), Siddharth Mathur (class of 1994) and Vidur Parashar (class of 1999).



*Clockwise: Michael and Naina Jain; Alina and Raya Talwar; Mitali and Evaan Sood; Girish and Divisha Godhwani; Siddharth and Deviki Mathur*



# ALUMNI SPOTLIGHT



**SAHAR AWWAD**

<b>Class of</b>	<b>2006</b>
<b>Education</b>	<b>PhD in Pharmaceutical Sciences, MSc in Drug Delivery and Bachelors in Pharmacy</b>
<b>Profession</b>	<b>Senior Consultant in Healthcare and Scientific Strategy</b>

## Help us follow the trajectory of your career.

After graduating from TBS in 2006, I studied pharmacy in Delhi, where I became fascinated by how science could directly shape patient care. That interest took me to London for an MSc and PhD at University College London (UCL), focusing on drug delivery and biomaterials in eye health. During and after my PhD, I co-founded a biotech company based on my research while also working as a Research Fellow at UCL, where I led innovation projects across academia, industry and clinical settings. Balancing both roles taught me how to move between scientific depth and strategic decision-making. Today, I work as a Senior Consultant at IQVIA, designing real-world evidence studies that help pharmaceutical, biotech and MedTech clients understand how treatments work in practice. Across every role, my goal has been the same: to translate science into meaningful outcomes.

## How did TBS help you in your journey?

TBS gave me more than just a strong academic foundation: it shaped how I think, communicate and lead. The environment encouraged asking questions, not just memorising answers, which built a mindset I carried through research, entrepreneurship and consulting. Being surrounded by a diverse, international community taught me how to collaborate across cultures and disciplines, a skill that's proven invaluable in my career. I also had the freedom to explore different interests, from science and writing to volunteering, without being boxed in too early. That flexibility helped me build a career that spans multiple sectors without ever feeling like I had to compromise one passion for another. Even as a student, I appreciated what a rare and empowering space TBS was—it gave me the confidence to take risks, stay curious and trust my own direction.



## During your PhD at UCL, you worked on drug delivery and biomaterials.

## What drew you to this area of research?

I was drawn to drug delivery because it offered a way to tackle real, unresolved challenges in medicine, particularly in improving how therapies reach the right part of the body in the right way. The eye stood out as an especially difficult target: it's highly protected, and delivering drugs effectively to the back of the eye remains a major clinical hurdle. I was interested in the idea that biomaterials could be designed to overcome some of those barriers: by controlling how drugs are



released, where they go, and how long they last. My research focused on developing injectable systems for sustained delivery, which involved everything from formulation and material characterisation to in vitro and preclinical evaluation. It was hands-on, technically challenging work, but it also had clear potential to improve patient care. That combination—science with a defined purpose—is what kept me motivated, and it shaped how I’ve approached every role since.

### **Looking back on your journey so far, what’s something you’re especially proud of?**

I’m proud of how I’ve learned to stay steady in uncertain moments. My path hasn’t followed a traditional route, and there have been points where the direction ahead wasn’t obvious, i.e. transitions, pivots or ideas that didn’t land the way I hoped. But I’ve come to see those moments as just as important as the milestones. They’ve taught me how to listen more carefully, think more clearly and make decisions without needing every answer upfront. I’m also proud that I’ve stayed curious throughout, even when things were difficult or uncertain, I never lost interest in the work or in learning something new.

It’s easy to move quickly from one role or achievement to the next, but I think what matters most is how you grow between them. For me, that growth and the mindset behind it have been the most rewarding part so far.



### **What were some of the most exciting, and challenging, aspects of running a start-up while leading scientific innovation?**

Building a start-up from my PhD research was one of the most intense and rewarding learning experiences of my career. It was exciting to translate academic science into something with real-world potential, shaping not just the research, but the strategy, partnerships, and vision behind it. At the same time, navigating the complexities of early-stage growth brought challenges, particularly around sustainability and alignment as the company evolved. The experience taught me a great deal about resilience, decision-making, and how to move forward even when outcomes are uncertain. It reminded me that innovation is rarely linear, and that some of the most meaningful progress comes from the willingness to try, reflect, and adapt.

### **Do you have a favourite memory from your time at TBS?**

Some of my best memories aren’t tied to one moment, but to the energy and community that defined life at TBS. I still remember the excitement of Sports Day, proudly representing Green House and competing against the other teams, each event bringing out a mix of determination and school spirit.



Whether we were planning house event or showing up in full force to support each other, there was always a shared pride in being part of something bigger than yourself. Beyond the events, it was the everyday places that made it special. The basketball courts or the auditorium were our social hubs, and the old X rooms (now long gone) were where friendships deepened over life updates, last-minute revision and plenty of laughter. TBS created a space where competition and connection went hand in hand, and where a sense of belonging was simply part of the everyday.



# Alumni Association 2025



We are delighted to share that the Alumni Association now has a new set of Trustees who will help strengthen the school's ties with our alumni community. Representing a wide span of graduating classes, the team brings both experience and fresh perspectives to the role. Please join us in welcoming the following as Trustees of the Alumni Association:

- Harsh Bajaj, class of 1994, coopted
- Siddharth Mathur, class of 1994, elected unopposed
- Shivali Jaggi Bhatia, class of 1999, coopted
- Sonali Saigal Kapur (Noni), class of 2004, elected unopposed
- Nivritti Kumari Mewar, class of 2006, elected unopposed
- Neil Dawes Bhutani, class of 2014, elected unopposed



# ALUMNI ASSOCIATION EVENTS



## GOLF TOURNAMENT 2<sup>ND</sup> EDITION

The Alumni Association teed off once again with the second edition of the Golf Tournament this year, bringing together alumni across generations for another memorable afternoon on the greens. After the 18-hole game, alumni gathered over lunch and prize distribution, closing out another successful alumni association event.



# PickleBall Palooza 2025

Saturday, Sept 13 at 6 PM  
THE BRITISH SCHOOL NEW DELHI



**FITNESS | FUN | FOOD | MORE**

PARTICIPATION OPEN TO: ALUMNI, ALUMNI SPOUSES,  
CURRENT TBS PARENTS

# ALUMNI CLASS REPRESENTATIVES



Gautam Ghosh  
Class of 1973



Joya Lall  
Class of 1982



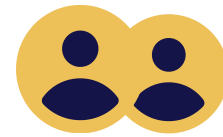
Selina Sheth  
Class of 1987



Raghav Kapoor  
Class of 1992



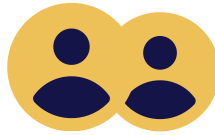
Siddharth Mathur  
Class of 1994



Shivalli Jaggi Bhatia  
Pia Desai  
Class of 1999



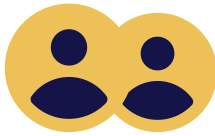
Shalin Ahuja  
Class of 2000



Sonali Saigal Kapur (Noni)  
Michael Jain  
Class of 2004



Akhil Verma  
Class of 2006



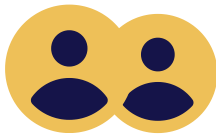
Manas Agrawal  
Arjun Soni  
Class of 2007



Ayushi Sabharwal  
Class of 2017



Noor Takkar  
Class of 2018



Khushi Zoe Shah  
Tulip Girotra  
Class of 2024



If you enjoy coordinating events, building connections and staying in touch with your old classmates and alma mater, sign up to be a Class Rep! Write to us at [alumni@british-school.org](mailto:alumni@british-school.org) to register.





HRH Prince Edward,  
Duke of Edinburgh visits TBS



Author and Philanthropist  
Sudha Murty visits TBS



Nursery Sports Day



End of Year Music Concert (Years 6-13)

## TERM IN PICS



Rising Leaders Programme



Valentine's Day (Years 7 to 9)



Career X (Years 7 & 8)



IB@20 - A COREography of Ideas





First Day of School (2025-26)



Explora Science Fair ( Years 5 to 9)

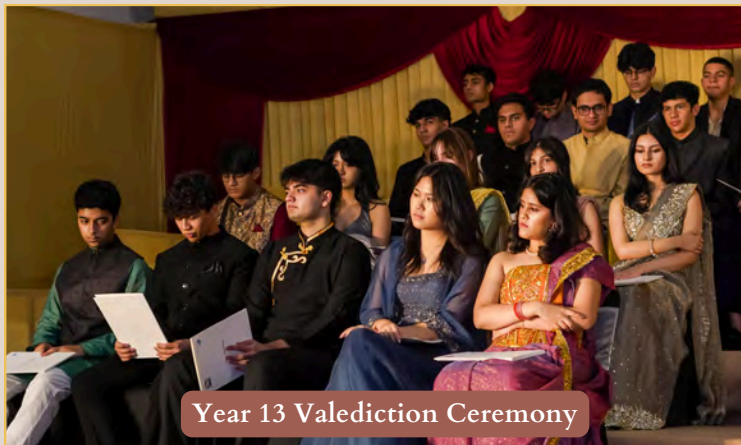


EYFS Holi Celebration



Year 5 Drama Production

## TERM IN PICS



Year 13 Valediction Ceremony



Enrichment Open House



Secondary Sports Day



Session with Kunal Bahl (Shark and Former CEO of Snapdeal)



# NOTICES



## Go TBS!

T-shirts, bottles, tote bags, jackets, badges – so many ways to carry your alma mater with pride! Head to the TBS merch store [online](#) for purchasing.

Please write to us at [alumni@british-school.org](mailto:alumni@british-school.org) to update your details in our database.



If you are interested in organising an alumni get-together on a personal level (maybe a group of your old classmates wants to get together for a BBQ!), the Alumni Office would be glad to assist you in making the event a success. Please write to us at [alumni@british-school.org](mailto:alumni@british-school.org)

If you are receiving this newsletter as a parent of a former student, it could be because we don't have an email address for them. Please share their contact details so that we may write to them directly.



## Follow us!





**The British School**  
**Dr Jose P Rizal Marg, Chanakyapuri**  
**New Delhi 110021**

**+91 11 40664166 | [www.british-school.org](http://www.british-school.org) | [alumni@british-school.org](mailto:alumni@british-school.org)**